

Dear Friends and Supporters

Having just finished reading the 2016 Alcohol Awareness Month Policy I felt it was important to share some of their statistics with you (<http://preventionpartnership.us/pdf/AlcoholAwarenessMonthPolicy.pdf>):

- There's a strong and steady trend of American youth to NOT use any alcohol, tobacco, marijuana or other drugs. In 2014, 25% of high school seniors reported they had never used any substances in their lifetime, compared to 3% in 1983. (2014 is most recent year surveyed.)
- A new study shows that after three years, two thirds of adult marijuana smokers had an additional form of substance use disorder, compared with less than 20% of people who did not use. Adult marijuana smokers may be significantly more likely to develop an addiction than people who don't use marijuana.
- Children with a family history of addiction often experience years of stressful life disruption and an increased risk of addiction, as well as an array of life-long health and social problems due to Adverse Childhood Experiences (ACE).

Breaking the generational cycle of addiction is key to a healthier America.

Another research study just published in the *New York Times*, John E. Donovan, lead author and professor of psychiatry at the University of Pittsburgh, writes that based on cumulative research "child sipping is related to earlier initiation of drinking, which is a risk factor for a lot of other problem behaviors," including binge drinking and drug use. "Parents should not be providing alcohol to their kids."

<http://well.blogs.nytimes.com/2016/04/25/offering-kids-a-taste-of-alcohol/?smid=nytcore-iphone-share&smprod=nytcore-iphone>



Mary Gardner, Project Manager, was recognized by Junior League of San Jose on April 22nd for her numerous hours of volunteer work overseeing curriculum development, translation/adaptation of *iCelebrando Familias!*, and on the 0-3 Supplement. We thank her for her support and dedication!

In the last few months the PPI team has

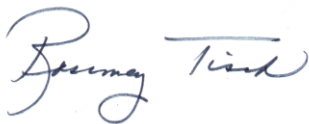
- Continued to receive positive evaluation outcomes, "*The study showed that ... cases were nearly twice as likely to reunify after controlling for other variables known to impact child welfare outcomes, and did so hundreds of days more.*" (1)
- Released Training Modules for Critical Parenting Skills available to all 0-3 *Celebrating Families!*[™] sites.
- Published A Family Center Approach to Prevention, <http://preventionpartnership.us/pdf/RTarticle%202.22.16%205PM.pdf>
- Shared new media guidelines from the Digital Media and Developing Minds Fall 2015 conference. <http://preventionpartnership.us/pdf/PPIPreventionPartnershipInternational.pdf>

- Partnered with EMQ-FF, to create a summary of outcomes for *Celebrating Families!*[™] from FY 2011-2015 for families in Dependency Drug Courts. Shirley Sparks Grief is now working on a journal article incorporating these statistics.
- Collaborated with Parisi House on the Hill to create a new “day” version of the 0-3 component for mothers and their infants/toddlers, to help Moms heal some of their own childhood losses.
- Cooperated with San Jose State University to create an evaluation structure for data analysis to simplify and streamline the evaluation processes.
- Partnered with EMQ-FF Addiction Prevention Services to provide training for 25 future *Celebrating Families!*[™] group leaders from Santa Clara, San Mateo, Santa Cruz, San Francisco, and Fresno Counties.
- Continued collaboration with White Bison who developed a Native American version – Wellbriety *Celebrating Families!* A video is available about their work at www.youtube.com/watch?v=nvPlsZDhvtQ

“The Wellbriety Celebrating Families! group attendance was consistent and remarkably good with several members traveling 110 miles round trip. Feedback from the group members was overwhelmingly positive. Each of the participants has been through many tragic and traumatic circumstances in their lives. While it is hard to know the true impact that the group, participants’ responses indicate the group was an important part of their recovery and healing - individually and as families. As one member said, “the support is very real”. Another who is now in recovery after years of struggling shared the experience “revives her”, “fills her up”, and helps her “stay strong”. The most powerful feedback came from a mother whose drug-addicted child committed suicide the second week of the group. She shared that “I don't think I could have made it through without this group”.

Looking to 2016-17 we have submitted grants to develop a version of *Celebrating Families!*[™] for the Juvenile Treatment Courts and to translate/adapt the new 0-3 supplement into Spanish. Several community members have been added to PPI’s Advisory Committee: K. Lucero, Esq., Drs. E. Cohen, K. Frier-Randall, and R. Greenberg.

Thank you for all of your support! We couldn’t do it without you!



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(1) Family Drug Court, Targeted Parent Training and Family Reunification: Did this Enhanced Service Strategy Make A Difference? By Jody Brook, Becci A. Akin, Margaret H. Lloyd, and Yueqi Yan
 Juvenile and Family Court Journal 66, No. 2 (Spring)

***Celebrating Families!*[™] is a program of NACoA which offers curriculum, technical assistance and training. For more information contact NACoA at celebratingfamilies@nacoa.org.
www.preventionpartnership.us and
www.celebratingfamilies.net**