



September 2014

Happy Fall!

The spring and summer were incredibly exciting - meeting with sites, hearing fabulous reports of the impact of *Celebrating Families!*<sup>™</sup> and *Keys to Healthy Living*, sharing about the models with sites in the US, Russia, Germany, Finland, and Kenya(!), as well as lots of trainings. (Yes, due to interest in programs for children where parents are not accessible, this Spring PPI updated *Keys to Healthy Living*, originally written for the Moscow schools.)



In May Robert Lancefield (a member of PPI's Advisory Committee) and I staffed *CF!*'s booth at the National Conference of Drug Court Professionals (NADCP) and Justice for Vets— over 4,500 justice and treatment professionals attended “the world's largest conference on substance abuse, mental health and criminal justice”. Their slogan **"All Drug Courts are family courts"**! What did our Drug Court sites have to say about *CF!*?

**“Whenever we add *CF!* to a program, it's get better outcome!”**  
**"*CF!* is the best program we have."**

While I met with sites and attended presentations on Family Treatment Drug Courts, Robert focused on the Vets Courts, making strong connections with several Veteran Administration (VA) psychologists. Attendees gradually are working to shift Vet cases from criminal to Vets Courts and beginning to think about families and children. Rob, a child of a traumatized vet, said “...these childhood fears and terrors can last forever, but with current knowledge, they can be healed, like a broken arm that is re-set many years later. The VA may be the leader in the healing.”

Then in July, I presented in Geneva, Switzerland at ADRA' s 2<sup>nd</sup> *Global Conference on Non-Communicable Diseases*, with Kiti Freir Randall, Ph.D. (The conference partnered with WHO and the Pan-American Health Association.) Our presentations focused on Prevention of Addictions with excellent attendance and attention. Several meetings were also held with professionals from Germany, South Africa, New Zealand, Australia, Finland and Russia.



From Geneva, we flew to Moscow, Russia, for a week of training and meetings with 30 committed, dedicated Russians (and one Finnish visitor) who are starting implementation of *Keys to Healthy Living* with evaluation this fall in Siberia (Krasnoyarsk), Kytkykar, Manitogorsk, Ryazan, Tula, Saint-Petersburg, Zaokskiy, Kirovo-Cheshuk, Chebarkassy, Nizhegorod, Khimki, Reutox, Moscow, Zaokskiy, Vyborg, Petrozavodsk, Belgorod, Kurgan,

Magnitogorsk, Astrakhan, Rostov-on-Don, Krasnodar Krai, Menreuki, Tbilisi, and Baku! Professions represented included doctors, treatment center administrators, teachers, to a truck driver and shoe store owner. We stayed in a studio apartment at the training site, visiting the closest market located in a HUGE mall (a city block with several theaters, food court) and a Costco type food market with beautiful displays produce, meat etc. We paid using an American credit card! Russia certainly has changed since I started working there in 1989! Call me if you want to talk more about this training or Russia. (Funding for this training provided by ADRA and designated grant.)



While in Moscow, I also met with Irina Yakubova, from OPORA where we had trained earlier. She shared that many of the individuals we trained are still using *Keys*. She will send us an updated list of sites this fall and felt that Vladimir Petrosyan, Director of Social Services for Moscow, would like to meet with us when we return. (He was part of the delegation that visited Santa Clara County several years ago.)

While I traveled and trained, *CF!* sites continued to pilot the curriculum for families with children ages birth to three and the editing team to review their suggestions, integrating their thoughts and experience into the draft curriculum. We are now entering the evaluation stage of the development and will have evaluation outcomes to share in this Spring. Sites already are sharing wonderful stories of changing and deepening interactions of Dads and Moms with their little ones. To see pictures and videos from US sites, visit [www.razoo.com/story/Celebratingfamilies](http://www.razoo.com/story/Celebratingfamilies).

**All** of this work depends on our partnerships with sites, collaboration with families and providers, and our donors/funders. We couldn't do it without **any** of you! As always, I'm happy to answer questions or talk with you and your colleagues and friends.

*Rosemary*

Rosemary Tisch, PPI Director  
Program Developer *Celebrating Families!*

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***Celebrating Families!***<sup>TM</sup> is a program of NACoA (National Association for Children of Alcoholics.) NACoA offers curriculum materials, technical assistance and training services in collaboration with *CF!* program developers. Contact me at [rstisch@gmail.com](mailto:rstisch@gmail.com) or 408-406-0467 or NACoA at [celebratingfamilies@nacoa.org](mailto:celebratingfamilies@nacoa.org).  
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