



**Happy Spring!**

April 2006

As you read this, I'm again off to Russia. This time I'm accompanying the Santa Clara County Social Services Delegation with County Supervisor Liz Kniss. I will be working with OPORA, providing technical support for the Mitina Children's Shelter, which is piloting the family version of *Keys to Healthy Living*. The first analysis of evaluation data for Keys to Healthy Living was completed this winter by Shirley Sparks-Grief, Associate Professor Emerita, Western Michigan University, Adjunct Associate Professor, Retired, Santa Clara University, and member of CF! Advisory Team. Her summary statement was: **"Keys clearly was effective and made a difference in the lives of these children."** Executive summary is attached.

We were pleased to learn that *Keys for Healthy Living* is being implemented in an elementary school in Rhydyfelin, Wales. (One of OPORA's staff moved to Wales this summer.) "I love my Keys class. I think the material is helping them. We'll see when I do the post test. My hope is that the few who said they already drink (!) will realize that it is very risky. "

Much is happening for *Celebrating Families!*, as well:

- Sites are starting implementation of the preschool component of *Celebrating Families!*™. Besides the Lucile Packard Foundation for Children's Health grant, CF! received a donation from Michael & Alyce Parsons, allowing us to purchase supplemental, preschool books for the sites.
- The Santa Clara County Medical Alliance sponsored a fabulous evening, *What about the Children? - The Addicted Family in Recovery* with Stephanie Brown, speaker. (Stephanie is another member of the CF! Advisory Team). This was a sold-out event! Articles attached.
- The Santa Clara County, American Medical Association, and California Medical Alliances provided a grant allowing us to include Dr. Amen's DVD. *Which Brain Do You Want?*, with the curriculum.
- Interest in *Celebrating Families!*™ continues. I have been invited to speak at:
  - 2006 *Methamphetamine: Child Welfare Impact and Response* A Joint Conference of the Administration for Children and Families' Children's Bureau and the Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Treatment.
  - 2006 *Idaho Conference on Alcohol & Drug Dependency*.
  - 2006 *The National Conference* of the National Association Drug Court Professionals.
  - 2007 *Co-Occurrence of Substance Abuse and Child and Family Maltreatment*.
- Our newest replication site is El Dorado County's Family Treatment Court and Department of Human Services. Their Senior Staff Service Analyst, Gail Zumwalt, stated:

***Celebrating Families rocks!***

Thank you, as always, for your support! There is much yet to be done. We need your support! Remember, I'm always happy to talk with you personally (rstisch@aol.com or 408-406-0467).

All donations are always appreciated and help!

Thank you!

***Rosemary***

Rosemary Tisch  
Director

Attachments: *Keys* Analysis

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## Statistical Analysis of Keys Data submitted in 2005 – Moscow

Data were submitted by *Keys* leaders in August, 2005 of pre and post tests for a total of 118 subjects. The data were analyzed by using t-tests resulting in p values to find significant differences between the pretest and post test scores. It is customary to describe findings as statistically significant when the difference between the two scores is less than the 5 out of 100 chance that they would be different because of random error. Therefore, differences that are less than 5% are considered significant. Percentages listed that are the smallest are the most significant. It should be noted that the analysis measures significant change in the percentages of answers from no on the pretest to yes on the post test or the reverse. In many instances the percentages on the pretest were 100% yes which did not allow for change to the post test

1. Aggregate Analysis. Two data points were entered for each of the 118 children: a pre-test and a post test. Only those questionnaires were entered in which there was both a pre and a post test for each child were used. Pre and post test data were lumped together to see if there was *significant* change for the entire group. Significance must meet a standard of 5%. In some cases the pre test numbers and the post test numbers were so similar that no change was discernable.

### Aggregate Analysis

10 of the 22 questions showed significant change for the whole group were:

2. I can express my anger without hurting myself or others	0.00%
21. If a person has an alcoholic or drug addict in the family, he has a greater risk of becoming an alcoholic or addict himself.	0.03%
19. Smoking (nicotine) influences mental abilities	0.13%
11. My choices now can affect my future life	0.16%
16. I can make healthy choices for my self and for my own life.	0.17%
4. My body helps me understand what I am feeling	0.17%
3. My defenses allow me to hide my feelings from others	0.24%
1. All my feelings are important	0.37%
6. I can talk about all my feelings to God	0.57%

Differences that are less than 5% are considered significant.  
Smallest percentages are the most significant.